MTB RDB HKG RNG

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Track : 2015-07-18 Velino via direttissima (MdT).gpx	TRAIL DIFFICULTY
Detected modality = HKG (Hiking)	Score
Reanalyzed as BYC (Bicycle) RNG (Running)	**IBP = 167 HKG**

Reliability of the original trail: A (1619/94/0/-/-/94)

Level of correction applied to the trail: 0

Total length: 16.142 Km mi / ft ?	**Max slope filter:** ~55 %
Analyzed distance: 16.142 Km	**Min. ponts separation:** ~30 m
Lineal distance: 0.044 Km	**Number of points:** 3955 (cad. 4.08 m)
	Significant points: 503 (cad. 32.16 m / 12.72 %)

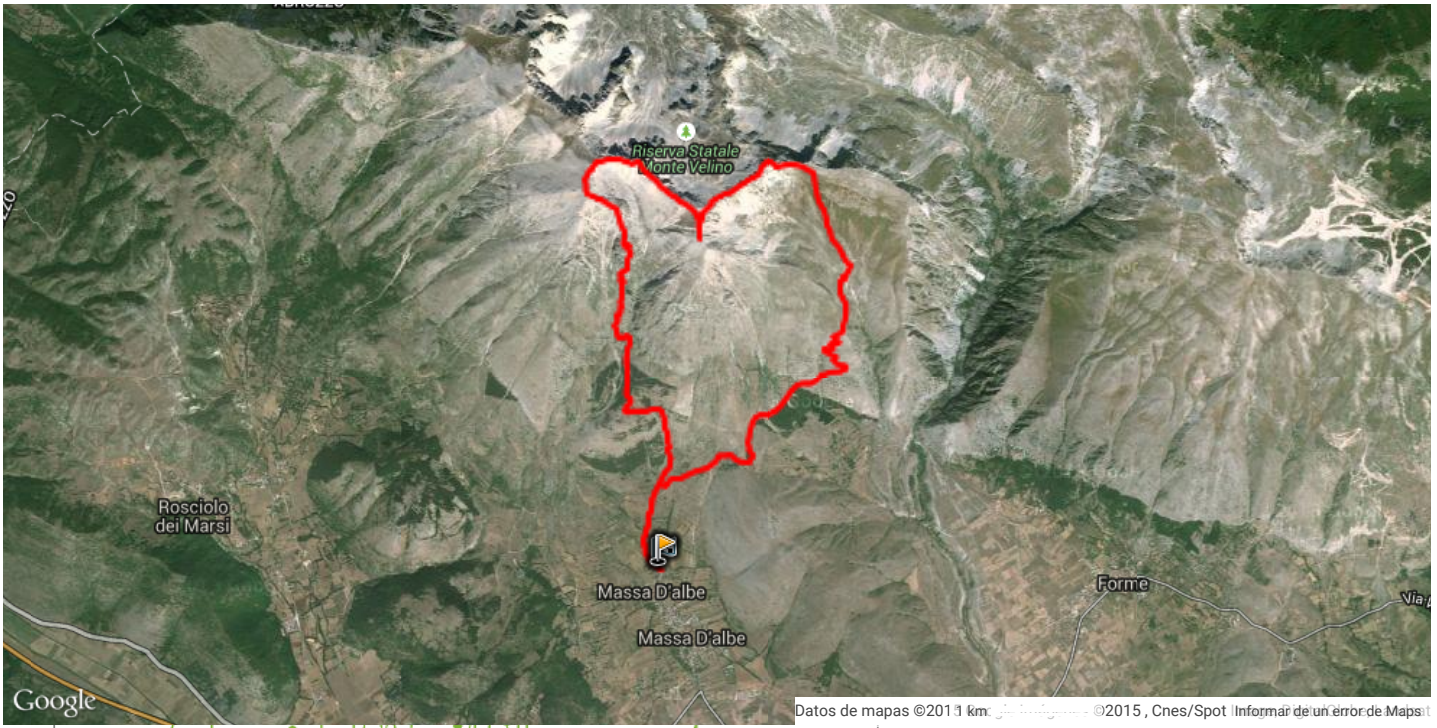
Accumulated climb: 1724.93 m	info Points list
Accumulated descent: 1696.09 m	
Maximum height: 2483.7 m	
Minimal height: 908.1 m	
Climb rate: 24.59 %	
Descent rate: 18.99 %	
Positive climb difference per Km: 106.86 m	
Negative descent difference per Km: 105.07 m	

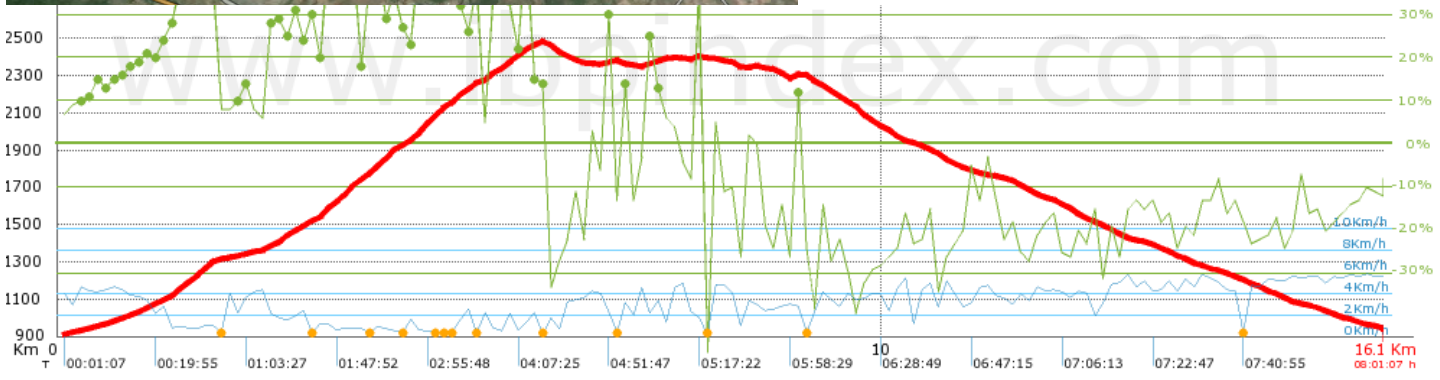
Direction changes per Km: 16.42
Direction changes >5º per Km: 12.58
Accumulated straight stretches: 2.1 Km
Straight stretches per Km: 130.1 m
Penalizables slope changes: 7
Penalizables slope changes per Km: 0.434

Total time: 8:01:07 h
Time in movement: 5:34:50 h
Stopped time: 2:26:17 h

Total speed average: 2.01 Km/h
Average speed in movement : 2.89 Km/h
Maximum held speed: 5.99 Km/h

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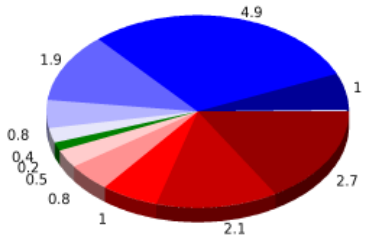




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Altitude | Slope % | Climb > 10% | Speed Km/h | Speed > 10 Km/h | Speed < 0.5 Km/h

Summary of slopes Km



Climbs	Distance Km	Km above the total in %	Speed in Km/h	Time h:m:s
Between 30% and 55%	2.708	16.78	1.66	1:37:52
Between 15 and 30%	2.119	13.13	2.3	0:55:13
Between 10 and 15%	0.956	5.92	3.43	0:16:42
Between 5 and 10%	0.75	4.65	3.43	0:13:08
Between 1 and 5%	0.482	2.99	3.54	0:08:11
Total	7.016	43.46	2.2	3:11:06
Plain				
Difference of 1%	0.197	1.22	3.48	0:03:24
Breakdown descents				
Between 1 and 5%	0.423	2.62	4.51	0:05:38
Between 5 and 10%	0.792	4.91	4.23	0:11:15
Between 10 and 15%	1.859	11.52	4.42	0:25:15
Between 15 and 30%	4.892	30.31	3.79	1:17:22
Between 30% and 55%	0.963	5.96	2.77	0:20:50
Total	8.929	55.32	3.82	2:20:20
Total track:	**16.142**	**100 %**	**2.89**	**5:34:50**

High altitude parameters, data above 1500 m

Altitude m	Distance Km	% of total	Time in movement	Speed	Stopped time	Total time	Speed total
2250	4.226	26.18	1:37:13	2.61	0:58:57	2:36:10	1.62
2000	1.489	9.22	0:36:18	2.46	0:30:57	1:07:15	1.33
1750	2.04	12.64	0:43:00	2.85	0:21:26	1:04:26	1.9
1500	1.921	11.9	0:45:29	2.53	0:17:42	1:03:11	1.82
Total:	**9.675 Km**	**59.94 %**	**3:42:00 h**	**2.61 Km/h**	**2:09:02 h**	**5:51:02 h**	**1.65 Km/h**

Stops

Distance Km	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
1.291	0:02:22	1102	0:22:33	0:22:33	1.291
1.504	0:02:15	1167	0:31:39	0:09:06 < 10'	0.213
1.623	0:02:27	1210	0:39:07	0:07:28 < 10'	0.119
1.869	0:05:09	1300	0:52:18	0:13:11	0.246
2.962	0:07:16	1494	1:22:56	0:30:38	1.093
3.337	0:03:14	1609	1:44:38	0:21:42	0.375
3.427	0:04:36	1649	1:50:20	0:05:42 < 10'	0.09
3.639	0:06:39	1737	2:01:55	0:11:35	0.212
3.887	0:02:59	1830	2:18:19	0:16:24	0.248
4.045	0:08:45	1891	2:26:19	0:08:00 < 10'	0.158
4.292	0:05:39	1966	2:41:27	0:15:08	0.247
4.443	0:06:39	2029	2:52:33	0:11:06	0.151
4.534	0:12:37 > 10'	2072	3:01:14	0:08:41 < 10'	0.091
4.72	0:05:03	2145	3:18:10	0:16:56	0.186
4.97	0:06:38	2228	3:33:10	0:15:00	0.25
5.216	0:02:20	2297	3:47:52	0:14:42	0.246
5.337	0:03:18	2327	3:53:35	0:05:43 < 10'	0.121
5.519	0:02:59	2390	4:03:14	0:09:39 < 10'	0.181
5.797	0:17:05 > 10'	2472	4:16:03	0:12:49	0.278
5.981	0:02:51	2453	4:36:36	0:20:33	0.184
6.729	0:04:06	2386	4:53:51	0:17:15	0.748
7.809	0:17:13 > 10'	2415	5:19:19	0:25:28	1.081
9.004	0:09:05	2307	6:02:44	0:43:25	1.195
14.262	0:05:02	1221	7:34:58	1:32:14	5.258
Total:	**2:26:17 h**				

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